

HYDRA FACIAL

GUIDELINE OF PROCEDURE



What is a HydraFacial?

A HydraFacial is a multi-step facial treatment performed using a patented machine (HydraFacial MD). It uses a unique vortex-fusion technology to deeply cleanse and nourish the skin.

Steps of a HydraFacial

Cleansing & Exfoliation

- Removes dead skin cells and surface oil.
- Uses a deplaning tool to open up pores and sweep away dirt.

Gentle Acid Peel

- A blend of glycolic and salicylic acids.
- Loosens deep pore debris and dirt without irritation.

Extractions

- A painless suction tool extracts blackheads and impurities from pores.

Hydration

- Skin is infused with intense moisturizers and serums rich in antioxidants, peptides, and hyaluronic acid.

LED Light Therapy (Optional)

- Blue light helps with acne.
- Red light reduces redness and boosts collagen.





Benefits:

- Immediate glow and smoother texture.
- Deep hydration and nourishment.
- Unclogged and refined pores.
- Improved tone, elasticity, and firmness.
- Suitable for all skin types (even sensitive skin).



Duration:

- A session usually takes 30 to 60 minutes.
- No downtime — you can resume your day right after.
- Once a month for maintenance and optimal results.
- More frequent treatments (bi-weekly) may be recommended for specific skin concerns.



Side Effects / Risks:

- Minimal side effects: slight redness or tightness post-treatment, which usually resolves in a few hours.
- Safe for all skin tones.
- Always choose a certified provider for best results and safety.



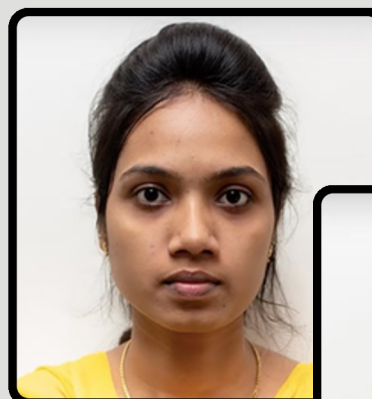


Aftercare Tips

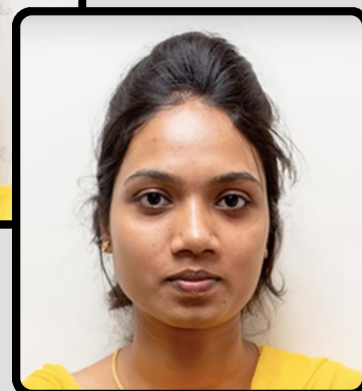
- Avoid makeup and heavy skincare for 24 hours.
- Use gentle products and lots of hydration.
- Wear SPF 30+ to protect your fresh skin.
- Avoid heat (e.g., saunas, hot yoga) and exfoliation for 48 hours.

Who It's Best For

- People with:
 - Oily/congested skin
 - Fine lines & wrinkles
 - Uneven tone/texture
 - Dehydrated or dull skin
 - Sensitive or rosacea-prone skin



BEFORE



AFTER

